Please complete the pre-survey below if you have not already!

https://www.surveymonkey.com/r/PREVIRTUAL
Let's Talk Details

- Muting/Unmuting
- Using the Chat
- Using Polls
- Asking Questions
- Resource Binder

www.greatstarttoquality.org
Child Development Care Program
Information

Website: www.Michigan.gov/childcare
Phone 1-866-990-3227
Fax 517-284-7529
Great Start to Quality Orientation: Level 1 of Michigan’s Quality Development Continuum
Today’s Agenda

- Welcome
- Staying Safe Inside the Home
- Staying Safe Outside
- Staying Safe Always
- Caring for Children, Families and Yourself
- CPR and First Aid
- Post-Survey and Next Steps
Health and Safety Topics

• Prevention and control of infectious diseases (including immunizations)
• Prevention of sudden infant death syndrome and use of safe sleep practices
• Administration of medication, consistent with standards of parental consent
• Prevention of and response to emergencies due to food and allergic reactions
• Emergency preparedness and response planning
• Prevention of shaken baby syndrome, abusive head trauma, and child maltreatment
Health and Safety Topics, continued

• Handling and storage of hazardous materials and the appropriate disposal of biocontaminants
• Precautions in transporting children
• Recognition and reporting of child abuse and neglect
• Pediatric first aid and cardiopulmonary resuscitation (CPR) certification
• Building and physical premises safety, including identification of and protection from hazards, bodies of water, and vehicular traffic
• Child development
Today we will be taking a look at how to:

- Prevent, plan for and respond to common health and safety issues inside and outside the home.

- Support children to learn and grow.

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Today we will be taking a look at how to:

- Access more training so you can learn new things and also increase your payment.
- Basic information about CPR and emergency first aid.
Working Agreements

- Ask questions
- Share your knowledge; respect other’s opinions
- Limit distractions
- Please use the breaks for a break!
Meeting Your Trainers!

Trainer Name

Trainer Name

Moderator

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Getting to Know You

Using the chat box type in:

- Your name
- Where you are from
- How many children you’ll be caring for
- Something you are hoping to learn today
Staying Safe Inside the Home
Children Safe at All Times

- Children under age six should be directly supervised by sight and sound at all times.
- When children are napping, make frequent visual checks.
Prevention of Sudden Infant Death Syndrome and Use of Safe Sleep

- On back
- In crib, bassinet or pack-n-play
- No pads, blankets, wedges or positioners
- In the same room as an adult
Medication Administration

- Make sure all medicines (even over the counter) are labeled, kept in the original child-safe container and out of reach of children

- Read and follow manufacturer’s directions or prescription label for giving medicine

- Use form to:
  - track medications and
  - gather parent’s written permission

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Staying Healthy: Preventing the Spread of Illness and Appropriate Disposal of Bio-Contaminants

“Well whatever he has, it’s contagious.”

Recipe for Bleach Disinfecting Solution
(for use in bathrooms, diapering areas, etc.)

1/4 cup of bleach
1 gallon of cool water
OR
1 tablespoon of bleach
1 quart of cool water

Add the household bleach (5.25 % sodium hypochlorite) to the water.

Recipe for Weaker Bleach Disinfecting Solution
(for use on toys, eating utensils, etc.)

1 tablespoon of bleach
1 gallon of cool water

Add the bleach to the water.
Immunizations: Vaccines Protect Everyone

If only SOME get vaccinated...
...the virus spreads.

Healthy, non-vaccinated  Healthy, vaccinated  Not-vaccinated, sick, contagious

If MOST get vaccinated...
...spreading is contained.

This Photo by Unknown Author is licensed under CC BY-NC-ND
Staying Healthy: Hand Washing

Let's Wash Our Hands!

1. Wet our hands under running water.
2. Add some soap and rub them hard.
3. Don't miss any part!
4. Between our fingers.
5. Under the nails.
6. Kid germs without fail.
7. Front and back.
8. And round the wrist.

Remember to wash our hands:

- After using the toilet.
- After sneezing or coughing.
- After playing with pets.
- After sports or playing outside.
- Before eating.

Whoosh! Whoosh! Wet our hands under running water.
Add some soap and rub them hard.
Don't miss any part!
Between our fingers.
Under the nails.
Kid germs without fail.
Front and back.
And round the wrist.
No germs will be missed!

They may hide.
But we shall seek.
So we will not fall sick!
Splishy splashy.
Bye bye germs.
Down the drain they slumber.

With clean towels.
We dry our hands.
Now let's show our friends!

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Break
Please return in 5 minutes
Staying Safe Outside
Physical activity and outdoor play are important for a child’s development. When weather permits, daily active outdoor play, even for infants and toddlers, helps build healthy brains and bodies!

- Supervision
- Sun safety
- Play area/equipment
- Traffic safety
Transporting Children Safely

- Air Bag Warning Label
- Harness Slots (3 sets)
- Harness Chest Clip
- 5 Pt. Harness System (contacting child at shoulders, hips and groin)
- Harness Release Button (red)
- Belt Path (not pictured)
  See page 6 for an illustration.
- Harness Release Mechanism
- Pull Strap To Tighten Harness

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Transporting Children Safely

Car Seats: Where does the chest clip go?

**CORRECT:**
- Chest clip is buckled and at armpit level.

**INCORRECT:**
- Chest clip is unbuckled or positioned too low or too high.

Always properly buckle children aged 12 and under in the back seat! Never place a rear-facing car seat in front of an active airbag.

How do I keep my child warm and safe in a car seat?

**CORRECT:**
- Child is wearing thin layers.
- Harness straps are buckled and tight.
- Put coats or blankets over the buckled and tight harness.

**INCORRECT:**
- Child is wearing a bulky jacket.
- Bulky jackets make you think the harness straps are tight, but the straps are really too loose.
- Jackets or blankets are between the harness straps and the child.

Always properly buckle children aged 12 and under in the back seat!

https://www.safekids.org/events
Staying Safe Always
Think ahead and make a plan for what you will do if children are injured, sick, have an allergic reaction or are lost.

Plan ahead for fire, tornado, winter storms, power outages, flood, violence in the home/community, etc.

Include in the plan – what will happen if children are sleeping, eating and/or outside.
Fire Plan

- Meeting place outside
- Two exits for every room
- Practicing monthly
- Working smoke detectors
- Draw it
Serious Injury

- Talk to the family about potential risks including: allergies, child’s ability, past medical history.
- Where does the parent want the child taken? Hospital, urgent care, pediatrician?
- You need to have consent to seek medical care for children, and may not be able to leave with the child.

Evacuation

- Be ready to think of secondary locations
- Access to the news by radio or TV
- Plan how to stay in touch with family
Emergencies: Prevent, Plan & Practice

Evacuation and Shelter-In-Place

You may be directed to take specific actions during an emergency incident, such as a hazardous substance release, explosion, or threatening natural disaster like a fire or flood. If you are notified of an incident, stay calm, listen to emergency personnel, and follow instructions immediately.

- **Listen to Emergency Personnel**
  - Follow instructions provided by emergency personnel to remain safe.
  - Emergency personnel are trained to respond to emergency situations.
  - Information and instructions on what to do will be provided at the emergency site or through TV and radio stations.

- **How to Evacuate Safely**
  - If told to evacuate, do so immediately.
  - Stay calm. Do not panic.
  - Travel on roads specified by local authorities.
  - If no specific roads are suggested, head upwind or away from the incident.
  - Bring your emergency supply kit with you.
  - Lock your home.
  - Cover your nose and mouth with a wet cloth if told to do so.

- **If You Know You Have Time Before Evacuating**
  - Shut off water, gas, and electricity before leaving.
  - Let your local contact and/or out-of-town contact know you are evacuating and where you are going.
  - Take your pets with you or make arrangements for your pets ahead of time.

- **How to Stay Inside Safely (or Shelter-in-Place)**
  - If told to stay inside, known as shelter-in-place, do so immediately.
  - Close and lock windows and doors.
  - Seal gaps under doorways and windows with wet towels and duct tape if told to do so.
  - Turn off ventilation systems, water, and gas.
  - Listen to your local radio and TV stations for further instructions from emergency officials.
Prevention of and Response to Allergic Reactions

Do you think you have ...

A Food ALLERGY

A Food Intolerance is not an Immune-mediated reaction. It affects the Digestive System.

A Food Allergy is a Cellular Immune-mediated reaction. It affects the Immune System.

Food Allergies Can be Fatal

Intolerances are Not Life-Threatening

www.foodinsight.org   @FoodInsight

www.greatstarttoquality.org
Prevention of and Response to Allergic Reactions

FARE FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

Name: ________________________ D.O.B. ________________________
Weight: ________________________

Yes ☐ No ☐ Other ☐ Yes higher risk for a severe reaction ☐ No ☐

NOTE: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. USE EPINEPHRINE.

Extremely reactive to the following allergens:
☐ Yes ☐ No ☐ Other ☐

FOR ANY OF THE FOLLOWING:

SEVERE SYMPTOMS

LUNG
Shortness of breath, wheezing, repetitive cough

HEART
Rapid or shallow breathing, anxiety

THROAT
Hiccup or choking, tightness or swelling

MOUTH
Swelling of the tongue or lips

SKIN
Redness, hives, rash, urticaria

GUT
Repetitive vomiting, diarrhea

OTHER
Feeling something is about to happen, anxiety, confusion

MILD SYMPTOMS

NOSE
Itchy or runny nose, sneezing

MOUTH
Mouth itchy, mild itch

SKIN
Mild rash or discontinue

GUT
Mild diarrhea

FOR MILD SYMPTOMS FROM MORE THAN ONE SYSTEM AREA, GIVE EPINEPHRINE

FOR MILD SYMPTOMS FROM A SINGLE SYSTEM AREA, FOLLOW THE DIRECTIONS BELOW:

1. Antihistamines may be given, ordered by a healthcare provider.
2. Stay with the person; alert emergency contacts.
3. Watch closely for changes. If symptoms worsen, give epinephrine.

MEDICATIONS/DOSES

Epinephrine Brand or Generic:
Inhaler (Bronchodilator) if wheezing
Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or none after the last dose.
Alert emergency contacts.
Transport patient to ER, if even symptoms resolve. Patient should remain in ER for at least 4 hours because symptoms may return.

INJECT EPINEPHRINE IMMEDIATELY.

1. Remove the cap from the epinephrine auto-injector.
2. Hold the Schamberg area of the skin in the middle of the outer thigh.
3. Push and push the auto-injector firmly into the middle of the outer thigh until it clicks.
4. Hold firmly in place for 3 seconds (until a, b, c, d).
5. Remove and rebrush the injection area for 10 seconds.
6. Call 911 and get emergency medical help right away.

ADDITONAL INFORMATION:

FARE www.greatstarttoquality.org

www.greatstarttoquality.org
Recognizing & Reporting Suspected Child Abuse and Neglect

Department of Health and Human Services (formerly DHS) Central Intake: 855-444-3911

- In your role as a child care provider, you are a Mandated Reporter
- Know the signs of abuse and neglect
- Central Intake is open 24 hours a day, seven days a week for reporting suspected child abuse or neglect
- If you are worried but feel uncertain if what you are seeing is neglect or abuse, still call

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Preventing: Abusive Head Trauma or Shaken Baby Syndrome

- Happens when a child is violently shaken
- Inconsolable crying is the number one cause
- Causes damage to the brain, eyes, ribs, and in severe cases, causes death
- **No amount of shaking is acceptable**
Break
Please return in 5 minutes
Caring for Children, Families and Yourself
Activity to Support Brain Building!

- Talking and reading
- Having meals together
- Play games together
- Cooking or cleaning together
- Let children lead the games
- Singing and dancing

Video Credit: facebook.com/ShaniekePryor and @comediandjp pryor
Concerned about Development

- Talk with the child’s parent/guardian
- Encourage parent/guardian to contact the child’s doctor or health care provider
- Share the resources (located in binder) with the child’s parent/guardian

Early On: www.earlyon.org or 1-800-327-5966

Build Up: www.buildupmi.org or 1-888-320-8384
Training Opportunities
Michigan’s Quality Rating and Improvement System

Completion of Great Start to Quality Orientation.

Level 1

Completion of Level 1 and 10 hours of Level 2 approved core trainings annually.

Level 2

20 hours of Level 2 training and a minimum of 10 hours implementing an approved Quality Improvement Plan.

Level 3

Program meets licensing requirements.

20 hours of Level 2 training and a minimum of 10 hours implementing an approved Quality Improvement Plan.

Program meets licensing requirements and is participating in Great Start to Quality.

Program demonstrates quality across some categories of program quality indicators.

Program demonstrates quality across several categories of program quality indicators.

Program demonstrates quality across almost all categories of program quality indicators. Program demonstrates highest quality.

License Exempt Providers

Licensed programs serving children ages 0-12
Level 2 Training

- Taking 10 hours of Level 2 training will increase your subsidy rate.
- Trainings must be a minimum of one hour long.
- Training must be taken annually to maintain increased subsidy rate.
- All trainings, except this training, on MiRegistry count for Level 2 training.

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Payment

- The current Level 1 rate is: $1.60 an hour per child.
- The current Level 2 rate for children under 2 ½ is: $2.95 an hour per child.
- The current Level 2 rate for children over 2 ½ up to age 12 is $2.60 an hour per child.

Example: a provider serving a 12 month old, a four year old and a 10 year old for 40 hours a week could earn

At Level 1: $384 every two weeks
At Level 2: $652 every two weeks

That’s $268 more!
Search and register for training to meet Level 2 training hours.

CONTACT INFORMATION

Phone: 833-386-9238
Fax: 888-825-9995
Email: support@miregistry.org
Website: www.miregistry.org
Break
Please return in 5 minutes
CPR and First Aid
CPR and First Aid Basics
What is First Aid?

- Used when emergent treatment is needed for an injury or illness.
- The injury or illness may or may not require additional medical treatment.
First Aid Topics

- Hemorrhage
- Bleeding
- Open Wound
- Seizures
- Allergic Reactions
- Burns
- Poisoning
- Shock
- Head Injury
Choking

Ask if the child can breathe.
Cardiopulmonary Resuscitation

- Life-saving procedure used when an infant, child, or adult’s heart stops beating, or they are unable to breathe
- Includes management of blocked airway, rescue breathing, and chest compressions
Chest Compressions

Child CPR
Ages 1 to 12 Years
CPR Steps

- Check the area is safe, lay victim flat
- Call 911 or ask someone else to
- Check for breathing, if not breathing start CPR
- Perform 30 chest compressions
- Open airway/tilt chin back
- Perform two rescue breaths
- Repeat until ambulance or automated external defibrillator (AED) arrives
Test Your Knowledge Scenarios

- Baby Anna chokes while eating her lunch
- Devonte falls off the climbing gym at the playground and has a bleeding cut on his knee
- You walk into the kitchen to find your co-worker, Emi, lying on the floor non-responsive
Questions?
Please complete the POST-Survey so you can receive credit for this training!

https://www.surveymonkey.com/r/GSQOPOST